



**Aug 25-26. 2007**

**University of Missouri - Columbia  
Mountain Bike Race Weekend**

**XC. DS. STXC**

**Saturday August 25th** – Cross Country **Sunday August 26th** – Short Track, Dual Slalom  
**Entries: \$12 per race**

**Start Times: Cross Country**

Men C, Women B – 10:00 AM, 2 lap  
Men B, Women A – 10:45 AM, 3 and 4 laps respectively  
Men A – 12:30 PM, 5 laps

XC race will be held at Rockbridge State Park in Columbia, MO – Course laps are approximately 5.7 miles. **\*Note the location is different than in years previous. Registration opens at 8:30 AM**

**Directions:** From east of Columbia, take I-70 West through Columbia to Highway 63 South. Exit off at Grindstone Parkway and head west. Turn left heading south onto Providence Road and turn left (east) onto 163 after two miles. Look for race signs and the entrance to Rockbridge State Park at the second curve.

**Start Times: Dual Slalom**

Open for foot inspection all weekend.  
Practice – 9:00 AM  
Qualifiers – 10:00 AM (All categories)  
Finals – High noon (All categories)

**Start Times: Short Track**

Men C – 9:00 AM, 15min +2 laps  
Women B – 9:30 AM, 15min +2 laps  
Men B – 10:00 AM, 20min +2 laps  
Women A – 10:40 AM, 20min +2 laps  
Men A - 11: 10AM, 20min +2 laps

Races are on MU's campus, same location as past years. – **Registration opens at 8:15 AM**

**Directions:** From College Ave (runs north/south from BS70 to Stadium Blvd), turn east when you get to Ashland Rd. From there, signs will be posted, directing you to parking and the courses. Parking will be in a different location from past years due to construction.

**Course Notes:** The new XC course will be a welcomed change to our past race weekends. The trail is fast, well maintained, and has a good mix of climbing and flats. **In the event of rain Saturday**, the XC event will be moved to same location as past years\*. The STXC course will be similar to past years. It will have some technical sections and cyclocross bikes will probably not survive or do well. The DS course will be similar to past years, and has been well maintained.

**Lodging:**

Best Value Inn - (573) 442-7908  
Super 8 Motel - (573) 474-8488  
Motel 6 - (573) 815-0123 or (573) 445-8433  
Travelodge - (573) 449-1065  
Red Roof Inn - (573) 442-0145

Or save your team some money and contact us about lodging for the weekend.

**For more information contact Michael Fooshée: (918)440-5834 or [msfz7c@mizzou.edu](mailto:msfz7c@mizzou.edu)**

\* If rain is forecasted, clubs will be notified of the course location change by the MWCCC listserv prior to the race weekend. Please check this before leaving for the weekend.

**Directions to backup XC course on Saturday:**

Take I-70 West through Columbia to the Stadium/Rt. E exit. Exit North on Stadium/E and take the first right, onto Business Loop 70. One half mile on the left is the entrance to Cosmo Park (intersection Cosmo Pl). Signs will be posted at the entrance directing you to parking in the far back of the park next to the skate park.